

REGISTRATION FORM MARCH 30, 2012

Name_____

Title_____

Employer_____

Address_____

City_____State_____Zip_____

E-Mail Address_____

Phone_____

Fees: ☐ Regular registration: \$50.00

☐ Student: \$25.00

Please register by March 1, 2012

**MAKE CHECKS PAYABLE TO
Capstone College of Nursing
MAIL TO**

**The Capstone College of Nursing
The University of Alabama
Donna Cox Bridger Endowed
Lectureship
Box 870358
Tuscaloosa, AL 35487-0358**



Driving Directions:

From McFarland Blvd/Hwy 82

**Take the AL-215/University Blvd
exit toward University of Alabama**

Take first right onto 5th Ave East

**Take first right onto Johnny
Stallings Dr**

**Capstone College of Nursing is on
the right and parking lot is at the
rear of the building.**

**Room 1008
Capstone College of Nursing**

**The Donna Cox Bridger
Endowed Lectureship in
Nursing and Health Care**

Managing Pain: What Works



March 30, 2012

**Capstone College of
Nursing
University of Alabama
Campus
Tuscaloosa, AL**



The Donna Cox Bridger Endowed Lectureship in Nursing and Health Care

was established by Joseph C. Bridger to honor the memory of his wife and to promote awareness of current topics in the fields of nursing and health care from an interdisciplinary perspective. Lecture attendance is open to faculty, students, health care professionals, and the community.

QUESTIONS

Shelley Jordan, (205) 348-9876
sdjordan@ua.edu

Program will be held in
ROOM 1008

CAPSTONE COLLEGE OF NURSING

MORNING SESSION

8:00–8:30 am	Registration/Breakfast
8:30–8:45 am	Welcome Sara E. Barger, DPA, RN, FAAN Dean and Professor Capstone College of Nursing
8:45–9:45 am	Keynote Address <i>Movement From Traditional to Non-Traditional Methods of Treating Pain – The “Big Picture” and Why the Focus is Changing</i> Kristin Bell, MD Primary Care Section Chief, Oceanside VA Clinic, San Diego, CA
9:45–10:00 am	Break
10:00–10:45 am	Current Treatment Modalities Wesley Spruill, MD DCH SpineCare Center Tuscaloosa, AL
10:45–11:30 am	Complementary & Alternative Treatment Modalities Dr. Sarita Cox, ND LAc Tuscaloosa, AL
11:30–Noon	Q&A Panel Discussion Moderator: Kathy Ridings, BSN, RN
Noon–1:15 pm	Lunch on Your Own

CONCURRENT AFTERNOON SESSIONS

Session I Biofeedback	Session II Music Therapy	Session III Acupuncture
1:15 – 2:00 pm	1:15 – 2:00 pm	1:15 – 2:00 pm
2:15 _ 3:00 pm	2:15 _ 3:00 pm	2:15 _ 3:00 pm
3:15 – 4:00 pm	3:15 – 4:00 pm	3:15 – 4:00 pm
Dr. Andrew Cook	Sunny Speaker Davenport	Dr. Wendell Mew Dr. Masudul Hasan Dr. Sarita Cox

4:00 – 4:15 p.m

Evaluation & Adjourn

Continuing Education

This program is approved by the Tuscaloosa Department of Veterans Affairs (ABN 0257, Exp. 5/27/2014) for 6.3 contact hours and by the Alabama Board of Social Work Examiners for 5.3 contact hours.

Objectives: Upon completion of session, participants will be able to:

1. Identify current treatment modalities for pain.
2. Identify complementary and alternative modalities for pain.
3. Discuss the nature of pain and its treatment.
4. Discuss common barriers to treating pain.
5. Describe the “Big Picture” and why the focus is changing from traditional to non-traditional methods of treating pain.

PLEASE NOTE

All nurses (LPN, RN, and APN) will need to submit their licensure at time of check-in for electronic scanning.

